



# TRINITY LUTHERAN CHURCH

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~Welcome to Trinity Lutheran...Warm Hearts and Willing Hands~



Dear Trinity Family,

As I write this letter, I am reflecting on my calendar over the last few weeks. I have noticed the number of people calling for pastoral care or just to have someone to talk to. As I talk to my pastoral colleagues, we are aware of the challenges many people in the community we serve are struggling.

As I spend time in prayer over the last few weeks, I have been drawn to the words of Psalm 42. Two sections of this psalm have resonated with me...

*Verses 1-2 As a deer longs for flowing streams so my soul longs for you, O God. My soul thirsts for God, for the living God.*

*Verses 5 and 11 Why are you cast down, O my soul, and why are you disquieted within me? Hope in God; for I shall again praise him, my help and my God.*

This psalm embodies images of longing for God. Have you ever experienced times of a disquieted spirit or a down cast soul? For most of us the answer is yes... as humans we encounter disappointment, challenges, disease, and crisis that can impact our spirits. For some this experience may just be a bump in the road that in time resolves itself with prayer, support from family or friends, and sometime just time. But for others there are times of deep challenge and distress. Where we still need prayer, and support from family and friends but we may need more help from those who are living out their God given vocation in the health field.

Watsonwan Conference Pastors met in Truman this past week. We often share frustration about

lack of available resources in the area of mental health care and support in our rural areas. A representative from **South Central Mobile Crisis Team** joined the pastors meeting and shared resources available for our counties for those dealing with crisis. The South Central Mobile Crisis teams mission is to provide caring - coping and calming the crisis in South Central Minnesota neighborhoods. I want to draw these resources to you attention as well. The Mobile Crisis Team is available to help individuals, their families and friends help in times of crisis.

Definition of a crisis, provided by the mobile crisis team-

- \* feeling of stress or being overwhelmed
- \* suddenly finding it difficult to complete normal daily activities do to stress or other symptoms
- \* increase or change in symptoms such as mood, anxiety, panic attacks, hallucinations or delusions
- \* plans or thoughts of hurting yourself or others

The **South Central Mobile Crisis Team** can be accessed by calling 877-399-3040. I have some magnets and handouts available at both churches for more information.

People of God, the greatest commandment is - Love the Lord your God with all you heart, mind, and soul - and the second is like it. Love your neighbor as yourself. Please be take time to checking on one another. Please take care of yourself, as well. If you or someone you know is dealing with depression, anxiety, extreme stress or other mental illness do not hesitate to reach out to your pastor, your physician, or resources like The South Central Mobile Crisis Team . There is help available.

You are loved!  
*Pastor Krista*



## TRINITY COUNCIL MINUTES

### COUNCIL MEMBERS

President: Grant Hartman  
Vice President: Heather Tonkin  
Secretary: Cathy Sorenson  
Treasurer: Clayton Duncanson  
Christian Ed: Nikki Smith  
Ch Properties: Duane Heckman  
Stewardship: Arlene Peterson  
Lay Ministry: Laurie Wille  
Worship: Jan Ringeisen  
Youth: Teresa Zaharia  
Pastor Krista

### Trinity Lutheran Church September 11, 2019

**Present:** Jan Ringeisen, Teresa Zaharia, Pastor Krista, Heather Tonkin, Laurie Wille, Grant Hartman, Dallas Wegner, Duane Heckman, Clayton Duncanson, Nikki Smith, Arlene Peterson, Cathy Sorenson

At 7:30 Grant called the meeting to order. The secretary's report was approved. Clayton presented the treasurer's report. There is a balance of \$6180 in the checking account and \$73,941 in the savings account. We had a net loss of \$1858 at the end of August. Motion carried to accept the report.

### BOARD REPORTS:

**Stewardship--**The committee will be meeting soon to get the Pony Express organized.

**Lay Ministry--**There will be 3 baptisms in the next six weeks.

**Christian Education--**GIFT will be starting on September 18. Adult volunteers would be appreciated.

**Youth--**On October 26 the Leaguers will be going to Northern Frights in Garden City. They will be serving the chili and soup supper on Election Day, Tuesday-November 5.

**Worship--**The organ has been fixed and came in under budget. The "fixer" suggested that we repair our speakers for a cost of \$860. Clayton volunteered to serve communion on October 13.

**Pastor Krista--**Confirmation will begin on September 15. There are 4 total 7th grade students and they will meet with the 8th graders. On November 6 the Watonwan Conference will host an Agape concert at First Lutheran in St. James. All youth are invited. The middle school retreat will be on November 22-23. The Watonwan Conference received a \$2200 grant from the synod. The grant will be used for a youth event. September 28 and November 2 are the first two dates of Cultivating Generous Congregations workshops. Heather and Clayton volunteered to go. There is room for 1 or 2 more if anyone is interested. Pastor has visited a congregation that uses TV screens. They are hard-wired into a computer. She brought pictures to show how they are set up.

**Church Properties--**There will be a congregational meeting on September 22 to explain different options concerning the roof. Putting a pitched roof on the front entry will also be discussed.

**OLD BUSINESS:** Discussion concerning the roof and how to proceed

**NEW BUSINESS:** Motion was carried that we accept Maurice and Mary Lou Hoppe (pastor's parents) as associate members of Trinity Lutheran.

Cathy Sorenson  
secretary



**OCTOBER 15 PASTOR  
APPRECIATION MONTH**



**THRIVENT CHOICE DOLLARS**  
*Through Thrivent Choice, eligible members can recommend where Thrivent Financial distributes some of its charitable outreach grant dollars among thousands of participating nonprofit organizations and congregations.*

**We need to continue to apply to Thrivent for funding for our Church projects. Contact Yvonne Noorlun and she will gladly help you with the application process!**

# WE WORSHIP TOGETHER

## SCRIPTURE READINGS

DATE/Calendar year	THEME	BIBLICAL TEXT
October 6-Pentecost 17	<i>Moses and the Burning Bush</i>	Exodus 1:8-14 (15-2:10)
Oct. 13-Pentecost 18	<i>Love the Lord your God</i>	Deut. 5:1-21, 6:4-9 Mark 12:28-31
Oct. 20-Pentecost 19	<i>Ruth follows Naomi</i>	Ruth 1:1-17 Mark 3:33-35
Oct. 27-Reformation (Rite of 1st Comm)	<i>David becomes King</i>	2 Samuel 5:1-5 6:1-5 Psalm 150

## OCTOBER LAY MINISTRY

### TRINITY

#### SUNDAY SCHEDULE:

**WORSHIP TIME: 10:30 AM**

**WEDNESDAY GIFT SCHOOL**— Every Wednesday from 2 until 5:30 pm.

#### COMMUNION SCHEDULE:

October 6, 13 & 27

#### COMMUNION SERVERS:

10/6— Linda Meyer  
10/13—Clayton Duncanson  
10/27—Cathy Sorenson

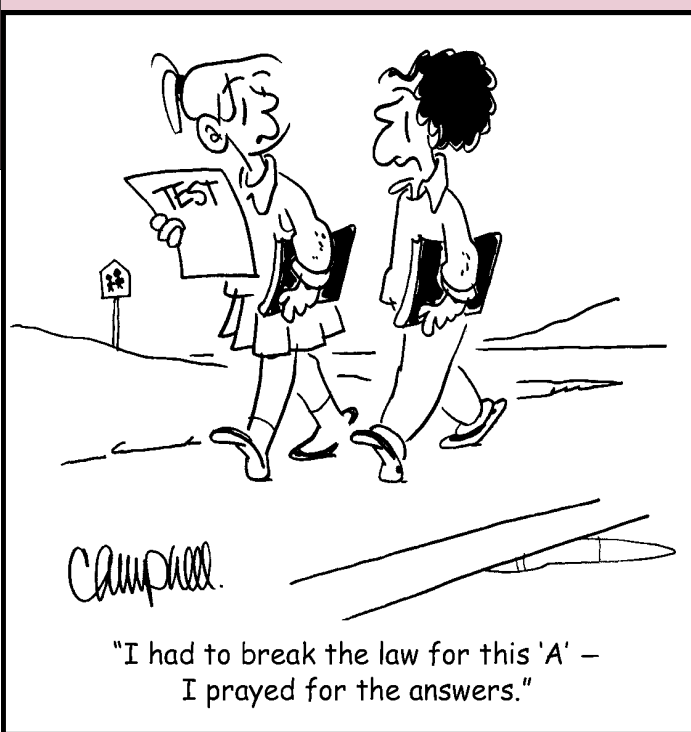
#### LAY READERS:

10/6/-Brenda Hansen  
10/13-Keegan Hastad or Johnnie Zaharia  
10/20-Laurie Wille  
10/27-Clayton Duncanson

#### OCTOBER USHERS:

\*Lowell Noorlun, and Dan Lang \*(volunteers are appreciated to help usher in October)

October 27th is  
First Holy  
Communion, 2nd  
Grade Bible  
Presentation and  
Reformation  
Sunday



### OCTOBER LAWN CARE TEAM

9/29—10/5— Clayton Duncanson  
10/6—10/12-Dallas & Tom K.  
10/13—10/19-Gary M & Dustin S.  
10/27—11/2-Duane H. & Steve G.





**WELCA NEWS**

The fall gathering of the Watonwan Conference is Saturday, October 5 at First Lutheran in St. James. Coffee is served starting at 8:30 and lunch is served about 11:30. Please let Barb Shoen know if you are able to go. The gatherings always seem worthwhile.

**Chairpersons needed**

We are still looking for chairmen for the cookie walk which is held the first Saturday in December.

Thank you to those who go to Heartland Senior Living to help with Bingo. Trinity is scheduled to assist whenever there are five Wednesday's in the month. Cathy Sorenson always buys prizes for the winners when our ladies help.

BINGO				
15	28	37	51	73
6	17	32	45	61
9	15	★	60	70
12	26	44	52	66
7	22	34	48	72

Thanks to those who served the summer coffee hours in July and August. Thanks also to those who came to participate in the fellowship.

The school kits we made last year will be delivered to the cities by Pam Rode. Since no one went to the synod gathering in Marshall last spring we were unable to take them there. We still need more supplies for the kits we are making this year. Notebooks and pencil sharpeners are the most needed items now. Four notebooks, 70 pages and wide or college lined, are needed for each kit.

# Puzzle!

Each year, the Israelites had three harvests. Find and circle these foods that the people gathered.

- |           |         |              |
|-----------|---------|--------------|
| almonds   | gourds  | nuts         |
| apples    | grapes  | olives       |
| barley    | herbs   | onions       |
| beans     | leeks   | pomegranates |
| cucumbers | lentils | rye          |
| figs      | melons  | wheat        |

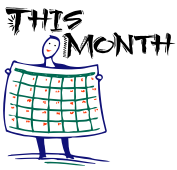
H A C B R Y E B R V E N  
 G A U A S N O L E M S U  
 R L C R F I G S T A T T  
 A M U L I M B E H A N S  
 P O M E G R A N A T E S  
 E N B Y E S E L P P A K  
 S D E H R O N I O N S E  
 V S R E S G O U R D S E  
 T I S M E S L I T N E L  
 S E V I L O W H E A T H

SEVILOWHEATH  
 TISMESLITNEL  
 VSRESGOURDSE  
 SDEHRONIONSE  
 ENBYESELPPAK  
 POMEGRANATES  
 AMULIMBEHANS  
 RLCREFIGSTATT  
 GAUASNOLEMSU  
 HACBRYEBRVEN

- |           |         |              |
|-----------|---------|--------------|
| almonds   | gourds  | nuts         |
| apples    | grapes  | olives       |
| barley    | herbs   | onions       |
| beans     | leeks   | pomegranates |
| cucumbers | lentils | rye          |
| figs      | melons  | wheat        |

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# Puzzle!



November 2019						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

**Sun                  Mon                  Tue                  Wed                  Thu                  Fri                  Sat**

<p><u>Worship Schedule</u></p> <p><b>SUNDAY Worship 10:30 AM</b></p> <p><b>GIFT SCHOOL Wednesday's 2-5:30 PM</b></p>		1	2 GIFT School 2-5:30 pm	3 9 am Open Bible study at the church	4	5
6 <u>Communion</u>  1st Comm. mtg at 12:30	7  1:30 Martha at Marlene B.	8	9  GIFT School 2-5:30 pm  7:30 Church Council mtg.	10	11	12 
13 <u>Communion</u>  Conf.-U mtg. 12:15-3 pm (M)	14   Columbus Indigenous people Day	15	16  <b>NO GIFT School</b>	17	18   Pat Jones _____scrapbooking	19
20	21	22	23  GIFT School 2-5:30 pm	24	25	26  Youth Event- at "Northern Frights" in Garden City Meet at church at 5 pm
27 <u>Communion</u> <b>Reformation Sunday</b>   <b>First Holy Communion &amp; 2nd grade Bible Presentation</b>	28	29	30   GIFT School 2-5:30 pm	31 	<u>CHURCH OFFICE HOURS</u>  Mon-8:00-11:00 Wed-8-11 & 1-4 Fri-7:00-11:00	<u>Pastor Krista's Office Hours</u>  <b>Tuesday:</b> 9:00-1:00 pm <b>Friday:</b> 9:00-1:00 pm

# NEWS

From Our Parish



## BLOOD DRIVE

**October 28**

**11am—4pm**

**Truman Schools  
Activities Room**

**Sign up on-line or by calling the  
school office at 776-2111**



Thank you to everyone who remembered me on my 80th Birthday!

*Connie Selnes*



October 27th is 2nd grade Bible Presentation at worship. If there is a child who hasn't received a bible and is older than the 2nd grade, let us know and we will be sure to include them.



Our Stewardship campaign will be starting soon.

### What is stewardship?

Stewardship is not just raising funds;  
It's raising Christians.  
Stewardship is not a matter of budgets;  
It's a matter of faith.



### Prayers

*We remember in our prayers...all who face catastrophic illness, surgery, and bindings of all kinds as well as the homebound:*

**Vi Benoy, Janice Buhmann  
and Ardene Miller**

*Be present with your Spirit, Lord, and lead us to be your presence to all. Amen.*

## CREST HAPPENINGS

Sherburn Lunch and Learn at the Senior Citizen's Center at 21 E. 1st St. in Sherburn MN on Oct. 2nd. We will explore the possibilities of eating and decorating of the pumpkin. After the fun, a lunch of soup and sandwiches with a pumpkin dessert will be provided. A free will offering helps cover the expenses.

"A Matter of Balance" class to improve muscle strength, joint flexibility, along with vision and reaction time will be held on 8 consecutive Tuesday's from Oct. 8 through Nov. 26 from 9:30-11:30 at the CREST office, 820 Winnebago Ave. Fairmont. A \$10 donation is suggested, but not required to defray costs.

Dr. Joseph Gaugler of the U of MN will be speaking on Alzheimer's/Dementia in Fairmont on Oct. 15 at 11 am (followed by a lunch) and also at 2:30 pm (with coffee & cookies). Location is to be determined. Please call the CREST office to make reservations or with questions 507-235-3833.

Meghan Kern Wendt will be at the Low Vision Support Group at 1:30 pm on Oct 17 to speak to us and offer more of the products available free of charge from the State of MN. The group is open to anyone experiencing any degree of visual impairment. Coffee and cookies are provided



### UPDATE ON THE GROCERY RECEIPTS:

**Fareway-\$16,261.80**

**Hy-Vee-\$116,982.67**

*Gas & Pharmacy receipts also count*

*\*\*Please don't cut off the receipts--the amounts are getting cut off and making them useless.*

# BIRTHDAYS & SPECIAL ANNIVERSARIES



**Sun      Mon      Tue      Wed      Thu      Fri      Sat**

		1 Dennis Rode Josh Worlds	2 Yvonne Noorlun	3 Marc Wiederhoeft <b>Brad &amp; Deb Nickerson (27 years)</b>	4 Lindsey Maloney	5
6 <b>Howard &amp; LuElla Kautz (58 years)</b>	7	8 Luke Thompson	9 Madison Wiederhoeft <b>Dennis &amp; Pam Rode (43 years)</b>	10 Larry Mohwinkel	11 David Zupfer	12
13 Abby Hinton	14 Heather Tonkin	15	16 LeAnn Maloney	17	18	19 
20 <i>"For all those who exalt themselves will be humbled, and those who humble themselves will be exalted."</i>  <small>LUKE 14:14, NIV</small>	21 <b>David &amp; Susan Michalke (47 years)</b>	22 Tim Cook Kirsten Worlds Nicole Worlds	23	24 Beth Kotewa <b>Doyle &amp; Arlene Peterson (60 years)</b> 	25	26
27 <b>Dean &amp; Bev Gulbranson (67 years)</b> 	28	29	30 Terry Pettersen	31 Sydney Brudellie 		





# GIFT SCHOOL



**Volunteers to help out and to donate food are always Needed!**





**Mark your calendar's!**

**The Trinity Youth will host  
the Election Night Soup**



**Supper on Tuesday,  
November 5th in  
the fellowship hall  
at the church.**



## **YOUTH EVENT**

The Trinity Youth Group will meet on October 26 at the church at 5 pm for supper, then go to "Northern Frights" in Garden City. The cost will be \$5 per person, our youth group pays the rest. Youth can earn back the \$5 by helping at the Election night supper in November.

## **Watonwan River Conference Confirmation Event**



**Christian hip-hop artist Agape\*  
& spoken-word artist Joe Davis**

**Wednesday, November 6, 2019  
7pm-8pm  
Doors open 6:30pm**

**@First Lutheran Church  
719 6<sup>th</sup> Ave S.  
St. James, MN**



# THE MESSENGER

TRINITY LUTHERAN PARISH (ELCA)  
102 NORTH 7TH AVENUE EAST  
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**Lowell Noorlun**  
Trinity Custodian  
507-236-5483

**Prayer Chain**  
Connie Selnes  
507-236-3021

**Brenda Hansen**  
Office Administrator  
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Office Phone 507-776-4781

## October 2019

*God's Blessings to:*

*“When someone is going through a storm, your silent presence is more powerful than a million empty words.”*

*—Thema Davis*



**TRINITY WORSHIP-10:30 AM**  
**CHURCH SCHOOL- Wednesday's**  
*(2 pm after school until 5:30 pm. Sept—May)*

If you are searching for a church home or are currently a member, we want to extend a warm welcome to you. Trinity observes the “Open” communion policy— all those believing in Christ are welcome at our Lord’s Table.

*Communion is scheduled to take place the first two Sunday's of the month, check the calendar inside for any changes.*

### CHURCH OFFICE HOURS

Monday-8:00-11:00 am  
Wed.-8-11, & 1-4 pm  
Friday-7:00-11:00 am

### PASTOR KRISTA'S OFFICE HOURS

**Tuesday—9:00-1:00 pm**  
**Friday—9:00—1:00 pm**

~Please call Pastor on her cell if you need to contact her any other time of the week. If she doesn't answer, leave a message and she will call you right back~